



WARWAN VALLEY

TREK



www.himalayandaredevils.com



himalayandaredevils@gmail.com



+91-6398989097, 9557055210



LOCATION

JAMMU & KASHMIR, INDIA



BEST TIME

July, August



DESTINATION

WARWAN VALLEY TREK



TAKE A PHOTO

SUNRISE, SUNSET,
SNOW CAPED MOUNTAINS



DIFFICULTY

DIFFICULT



HIGHEST ALTITUDE

14,495 ft



AVERAGE TEMPERATURE

DAY TIME: +15°C to +20°C
NIGHT TIME: +4°C to +8°C



BASE CAMP

PANIKHAR



DURATION

9 DAYS & 8 NIGHTS



LAST ATM

SHRINAGAR



TREK DISTANCE

80 KMS





OVERVIEW

Immerse yourself in the heart of the Himalayas on the Warwan Valley Trek!

This breathtaking journey takes you past snow-capped giants that pierce the sky, across meadows bursting with wildflowers, and alongside pristine rivers that wind through the valley. Picturesque villages dot the landscape, offering a glimpse into the warm hospitality and rich cultural traditions of the local people.

Here's what awaits you on the Warwan Valley Trek:

Panoramic vistas: Witness breathtaking views of towering Himalayan peaks.

Nature's bounty: Explore lush meadows teeming with wildflowers and crystal-clear rivers.

Cultural immersion: Experience the warmth of the local people and discover their fascinating traditions.

Unforgettable memories: Create lasting memories as you explore this hidden gem in the Himalayas.

SHORT ITINERARY



DAY 1

Drive from Srinagar to Panikhar -
Drive: 185 km, 7-8 hrs



DAY 2

Trek from Panikhar to Denora -
Trek: 12-13 km, 8 hrs



DAY 3

Trek from Denora to Kalapari -
Trek: 3 km, 2-3 hrs



DAY 4

Trek from Kalapari to Kaintal via
Lomvilad Pass - Trek: 17 km,
12-13 hrs



DAY 5

Trek from Kaintal to Humpet -
Trek: 17 km, 8 hrs



DAY 6

Trek from Humpet to Sukhnai -
Trek: 14 km, 8 hrs



DAY 7

Trek from Sukhnai to Basmina/
Chaudraiman - Trek: 16-17 km,
6-7 hrs



DAY 8

Drive from Basmina/Chaudraiman
to Srinagar



DAY 9

Buffer Day

DETAILED ITINERARY

DAY 1

DRIVE FROM SRINAGAR TO PANIKHAR - DRIVE: 185 KM, 7-8 HRS

Drive: 185 km, 7-8 hrs Altitude: 5,200 ft (1,585 m) – 10,700 ft (3,261 m) You will start early in the morning from Srinagar and drive to Panikhar, which is located at a distance of around 220 km, approximately taking 8 to 9 hours to reach Panikhar. Initially, the drive will take you to Sonamarg along the beautiful view of the Indus River. Then, from Sonamarg, you proceed to Zoji La Pass, situated at an altitude of around 3,528 meters. After crossing the pass, you will pass through Dras and Kargil. If you want to purchase something, then Kargil is the last place where you can buy your essential items. After the drive, you will reach your destination, Panikhar.



DETAILED ITINERARY

DAY 2

TREK FROM PANIKHAR TO DENORA - TREK: 12-13 KM, 8 HRS

Trek: 12-13 km, 8 hrs Altitude: 10,700 ft (3,261 m) – 12,375 ft (3,772 m) Accommodation: Camping (Alpine Tents)
Meals: Breakfast + Lunch + Evening Snacks + Dinner
After breakfast, you will start trekking towards Denora, located at an altitude of around 11,200 feet above sea level. The trek mostly follows the alongside of the river, involving a gradual ascent through meadows and forests, providing stunning views of the surrounding mountains. You will cover a distance of around 13 km and reach Denora by late afternoon. Before reaching the campsite, you have to cross the stream. The campsite is near the river, surrounded by a wide range of mountains and meadows.



DETAILED ITINERARY

DAY 3

TREK FROM DENORA TO KALAPARI -- TREK: 3 KM, 2-3 HRS

Trek: 3 km, 2-3 hrs Altitude: 12,375 ft (3,772 m) – 12,850 ft (3,917 m) Accommodation: Camping (Alpine Tents)
Meals: Breakfast + Lunch + Evening Snacks + Dinner The trek starts with crossing streams; take off your shoes and be ready for the cold water, which numbs your feet. The trek involves crossing the 14,100 feet Marpo La Pass, offering stunning views of the surrounding peaks. You will descend through a beautiful valley and reach the campsite at Kalahari, located at an altitude of around 12,800 feet above sea level. Today's distance is shorter than the other days; you can take an acclimatization walk to the glacial lake.



DETAILED ITINERARY

DAY 4

TREK FROM KALAPARI TO KAIN TAL VIA LOMVILAD PASS - TREK: 17 KM, 12-13 HRS

Trek: 17 km, 12-13 hrs Altitude: 12,850 ft (3,917 m) – 14,500 ft (4,420 m) – 11,550 ft (3,520 m)

Accommodation: Camping Meals: Breakfast + Lunch + Evening Snacks + Dinner Start your day with the beauty of mountains and enjoy breakfast. Begin your trek, following moderate to difficult trails with narrow ridges, long moraine sections, and steep descents. The trail starts at the Kalapari campsite and consists of asymmetrical boulders and moraines. The trek involves crossing the 14,500 feet Kalichik La Pass, offering stunning views of the Nun and Kun peaks. Descend through a beautiful valley and reach the campsite at Kaintal.



DETAILED ITINERARY

DAY 5

TREK FROM KAIN TAL TO HUMPET - TREK: 17 KM, 8 HRS

Trek: 17 km, 8 hrs Altitude: 11,550 ft (3,520 m) – 11,120 ft (3,389 m) Accommodation: Camping (Alpine Tents)
Meals: Breakfast + Lunch + Evening Snacks + Dinner The trek starts with a continuous ascent and descent alongside the river, opening up the beautiful landscape of the Warwan Valley. You will cross several small streams and reach the campsite at Sukhnai, located at an altitude of around 11,400 feet above sea level.



DETAILED ITINERARY

DAY 6

TREK FROM HUMPET TO SUKHNAI - TREK: 14 KM, 8 HRS

Trek: 14 km, 8 hrs Altitude: 11,120 ft (3,389 m) – 9,320 ft (2,841 m) Accommodation: Camping (Alpine Tents)
Meals: Breakfast + Lunch + Evening Snacks + Dinner The trek leads towards Sukhnai Valley, a beautiful area with lots of plant species, The trail starts with an ascent and a 4-hour descent, then continues to the junction where a river merges with Kaintal Nala, leading to Sheeshnag Lake The trail continues through the exotic Warwan Valley, crossing overhangings and gaining a stunning view of Sukhnai. The village takes 2 hours to reach, passing through farms.



DETAILED ITINERARY

DAY 7

TREK FROM SUKHNAI TO BASMINA/CHAUDRAIMAN - TREK: 16-17 KM, 6-7 HRS

Trek: 16-17 km, 6-7 hrs Altitude: 9,320 ft (2,841 m) – 8,350 ft (2,545 m) Accommodation: Camping (Alpine Tents)
Meals: Breakfast + Lunch + Evening Snacks + Dinner
Start your last day of the Warwan Valley trek with an eye-catching view of grasslands and the Marwah River. Today's trek involves a gradual descent through the beautiful Warwan Valley. You will cross several small streams; the trail from Sukhnai to Bashmina is moderate compared to other days. After a couple of hours, you will see the beautiful Rekenwas village, where you can meet local people and interact with them. The people of this village are very welcoming. Then, reach the campsite at Bashmina, located at an altitude of around 10,000 feet above sea level.



DETAILED ITINERARY

DAY 8

DRIVE FROM BASMINA/CHAUDRAIMAN TO SRINAGAR

Drive: 155 km, 7-8 hrs Altitude: 8,350 ft (2,545 m) – 5,200 ft (1,585 m) Accommodation: Camping (Alpine Tents)
Meals: Breakfast + Lunch + Evening Snacks + Dinner
After breakfast, you will start your journey back to Srinagar. You will drive through the beautiful landscapes of the Warwan Valley and reach Srinagar by late afternoon. You will spend the night in a hotel in Srinagar.



DETAILED ITINERARY

DAY 9

BUFFER DAY

This day is kept as a buffer day to accommodate any unforeseen circumstances such as bad weather or any other reasons that may cause delays in the trek



INCLUSIONS

- 1. Accommodation – Stay at a guest house/ homestay/ swiss tents/ dome tents during the trek as per the sharing pattern/occupancy opted.**
- 2. Meals – All meals from your arrival to departure from the base camp are included (Morning Tea, Breakfast, Lunch, Hi-Tea with Snacks, and Dinner). We provide simple, nutritious yet tasty vegetarian meals on all days of the trek.**
- 3. Permit/Charges – Cost of all trekking permits, forest & camping charges are included. Charges of the porters, helpers, mules, trekking leaders, and guides are included.**
- 4. Trekking equipment – High-quality tents, sleeping bags, ice axes, ropes, microspikes, gaiters, etc. as required are provided.**
- 5. Safety equipment – First aid medical kits, oxygen cylinders, etc. will be available at all campsites to deal with emergencies.**

6. Porters, Mules, and helpers shall accompany us during the trek to carry the common load such as gas cylinders, tents, sleeping bags, toilet tents, etc.

EXCLUSIONS

1. Anything not specified in the Inclusions section

2. Additional Meals unless specified

3. Transport unless specified

4. Air Fare / Train/ Bus Tickets

5. Travel Insurance

6. Additional expenditure and Extra Services if taken

7. Any expense incurred or loss caused by reasons beyond our control such as bad weather, natural calamities(landslides, floods), flight delays /rescheduling/cancellations, any accidents/ medical evacuations, riots/strikes/war/pandemic, etc.

8. GST(Goods & Service Tax) at the rate of 5%.

FITNESS/ DIFFICULTY

A high altitude trek in the Himalayas requires substantial fitness. Your body needs to train itself to tolerate more work with lower levels of oxygen. Therefore, on treks, cardiovascular training is essential.

As a measure of your fitness, we require you to be able to run at least 5 km in 40 minutes by the time your trek starts. If you are 45 years or above, try to cover 5 km in 50 minutes. This is a minimum requirement.

If you prefer cycling over running, then try to cover 20 km in 60 minutes.

Unable to perform the same can make your trek difficult. Trekkers who have not adequately prepared might be asked not to continue the trek at any point.

The team of Himalayan Daredevils has the right to reject trekkers who do not meet our eligibility requirements at the base camp

Cancellation Policy

Life is unpredictable and we understand that sometimes you have to cancel or change your trip dates and it is our endeavor to make it as easy as possible for you. However, please understand that we plan everything including guide fees, permits, accommodation and ration in advance. Therefore, any cancellation means inconvenience and certain losses to the people involved in various stages of the programme. Keeping that in mind, our cancellation charges are as below –

Cancellations prior to 30 days from the start of the event: **Get a monetary refund with 15% of cancellation charges.**

Cancellations between 30 days and 15 days to the start of the event: 50 % refund as cash.

Cancellations less than 15 days to the start of the event: No refund.

Cancellations will be accepted only by email.

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arising due to natural calamities, strikes, wars or any other circumstances that make the event inadvisable. In this case, we will refund 50% of the event fees.

Itinerary Changes & Trip delays:

We plan itineraries based on the information available at the time of planning and in rare circumstances, they are subject to change. In the event that the itinerary is changed or delayed due to unforeseen circumstances such as bad weather, transportation delays, government intervention, landslides etc., we will always aim to give you the best experience possible. However, The Himalayan Daredevils not be held responsible for the cost of delay or changes.

CONTACT US



+91-6398989097, 9557055210



www.himalayandaredevils.com



himalayandaredevils@gmail.com